Breathe, Run, See

It took a time /maybe forever/
To breathe freely
To let wings made of gold /and ash that crumbled under the opaque sky/
   -stretch
   -fly
   -soar
slipping through caged minds /impenetrable rules, impossible to bend/
   fragmenting my soul to belong
But then I understood /understood that if I just/
   Took a single
   -moment
   -let go
Forgetting might be the best /the only thing/

   For a split second I was /grounded/
   I let my thoughts run
   -wild
   -free
   Once again pictures played /beneath my eyes at night/
   At all hours of the day I raced
   My thoughts were /mine/ and no one /could take them away/

I felt my world /I felt it growing/
   And I cried out
   -in anguish
   -desperation
I was begging /begging people to hear/
   How an idea, something as simple as an idea
Broke through a crystal wall /suddenly could see beauty again/
   They needed to know
   To see
   To understand
Oh the whole world /finding a way to live again/