

Just ASK! how you can improve your equipment!

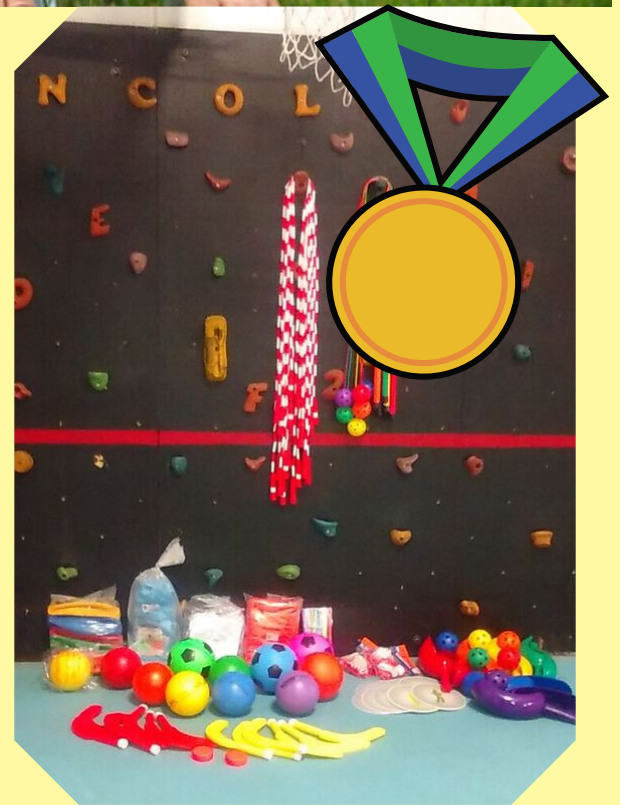
Just ASK! grants give schools the opportunity to engage in equipment improvements throughout North Carolina.

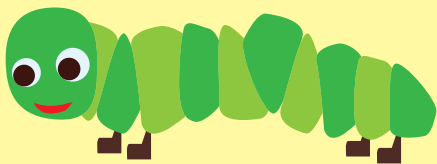


A Just Ask grant of \$800 allowed us to purchase much needed recess equipment for all our classes. With the funds granted, we purchased colored recess bags for each grade level, consisting of basketballs, soccer balls, footballs, playground balls, cones, jump ropes, and hula hoops, a water play table for our pre-K class and autistic class, and a tumbling mat for our PE program.

Together, this new equipment is helping our students be more active and engaged during recess time.

-Lindley Elementary School





The success and excitement among students wanting to run or walk in the mornings before school is growing. During the month of May 2016, with funding from a Just ASK! Healthy Schools Grant, we were able to purchase a Block Rocker portable sound system to incorporate enjoying music outside as the students run or walk to start their day. The kids are loving the music! We also were able to purchase wristbands personalized with 'Morning Mile', along with our mascot's paw print. These wristbands were shared with every participant to congratulate them, and reward them for choosing to be physically active. It was amazing to see the kids so excited to receive their wristband rewards!

-Piney Grove

The education of children depends, to a great degree, on their overall health. Our public schools must help children learn the value of balanced nutrition, sensible exercise and good overall health. North Carolina PTA will support public policies at all levels of government and school programs that help to maintain the health and wellness of children.

The North Carolina PTA