

Just ASK! how you can improve your school garden!

Just ASK! grants give schools the opportunity to engage in school gardens throughout North Carolina.



We were able to purchase materials for a kid-friendly classroom cooking kit, ingredients for 'Eat A Rainbow' salads (made by our second graders), and a few tools for tending our school garden, where kids are learning how to grow fruits and vegetables themselves. They're also always eager to get out and garden to see how their plants are growing.

-Town Creek Elementary School



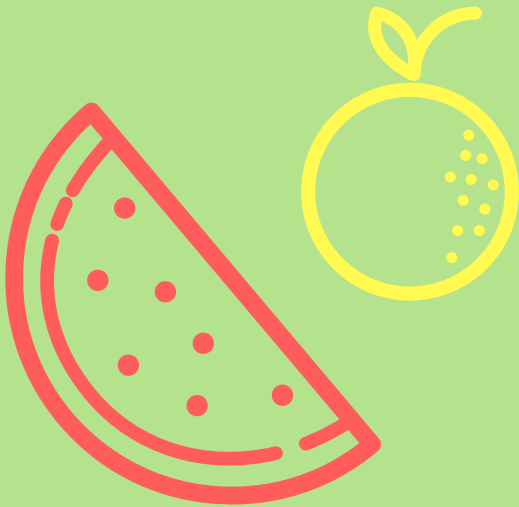
Sandy Ridge Visual and Performing Arts Elementary School in Durham knows how to build partnerships to support their students. Community members tested and fertilized their soil, and a local garden supply store lent their expertise to keep the costs of creating their garden down and ensure enough supplies to continue the next school year.





Plan for your garden!

- What kind of plants will we grow?
- Who will maintain it and when?
Will this change by season?
- How will it be used?
- How will any produce be used?
- How will we make it sustainable?
- Will we use a garden curriculum?
- Who in the community might support us?



The education of children depends, to a great degree, on their overall health. Our public schools must help children learn the value of balanced nutrition, sensible exercise and good overall health. North Carolina PTA will support public policies at all levels of government and school programs that help to maintain the health and wellness of children.

The North Carolina PTA